

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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Memorial Sloan Kettering
Cancer Center

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Rehabilitation and Exercise

Cancer treatment can sap your strength, flexibility, mobility, and endurance. Our rehabilitation specialists can teach you therapeutic exercises and training programs that can help you heal. Our state-of-the-art facilities are specially tailored to the needs of people who've undergone treatment for cancer.

[Learn more about how we can help you get moving again.](#)

Supportive Care and Pain Management

At Memorial Sloan Kettering, we focus on all aspects of comprehensive cancer care, not just treating the disease. Our specialists in supportive care can help you cope with the side effects of therapy. These include pain, nausea, and fatigue. We can also help with the emotional and spiritual needs that often come up during and after cancer treatment.

[Learn more about how our Supportive Care Service can help you throughout the cancer experience.](#)

If you are in pain during your treatments or even after they're over, we have pain specialists who can help. We will build a plan that makes sense for you and your needs. Our experts can work with your doctor and pharmacists to give you solutions for both acute physical pain, which comes on suddenly, as well as chronic pain, which can linger. Our goal is to keep you as comfortable as possible.

[Learn more about how we can relieve your pain.](#)

Counseling and Support

Sometimes, you and your loved ones just need someone to talk to, someone who's trained to help you make sense of your experience before, during, and after treatment for cancer.

Our [Counseling Center](#) offers both individual and group counseling sessions to help you and your family cope with the disease in general. These sessions can be a healthy, productive way to work through the stress and anxiety that are sometimes a part of treatment and recovery.

Integrative Medicine

Medical treatments — chemotherapy, radiation, and surgery — are often the best way to treat cancer. Their whole purpose is to get you healthy again. But at MSK, we know that complementary services can also help soothe and heal not only your body but also your mind and spirit.

Our [Integrative Medicine Service](#) can be a valuable part of your formal treatment plan. Programs we offer include massage, acupuncture, hypnotherapy, meditation, visualization, music therapy, and nutritional counseling. Formal classes include yoga, tai chi, and chair aerobics.

[Learn more about the variety of complementary services we offer.](#)

Nutrition

Many people with cancer have questions about diet and nutrition. Our food and nutrition team is trained in helping you understand and cope with a variety of conditions relating to cancer treatment.

Our expert dietitians provide medical nutrition therapy that can help you manage digestion problems, changes in taste, your weight, and other issues. We'll work closely with your treatment team to customize a dietary plan that fits your own specific needs.

[Learn more about our nutrition services for patients and survivors.](#)

Dermatology and Skin Care

We understand that the side effects of cancer treatment that affect your physical appearance can be as upsetting and uncomfortable as any other symptoms you may have. Our dermatology experts can help you manage conditions that affect the health and appearance of your skin and, in some instances, even help prevent them from developing in the first place.

[Learn more about how we can help you keep your skin healthy.](#)

Older Patients

Cancer and its treatment are a challenge for anyone, regardless of age. But if you're over 65, you may face unique issues that affect people only in your age group. We're committed to providing cancer patients of all ages with the treatment, facilities, and support they need.

Your treatment team will include healthcare professionals who have the specialized training and experience to effectively treat older patients. Every aspect of your care — diagnosis, treatment, recovery, support — will be tailored to meet your particular needs.

[Learn more about how we care for older patients.](#)

Request an Appointment

Call [800-525-2225](tel:800-525-2225)

Available Monday through Friday, 8 a.m. to 6 p.m. (Eastern time)

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