

Make an Appointment

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**ABOUT US** 

Our mission, vision & core values

Leadership

**History** 

Equality, diversity & inclusion

Annual report

Give to MSK



Zana Correa, a nurse practitioner in the survivorship clinic, meets with her patient Katherine Stradar.

At Memorial Sloan Kettering, we know that even after you've finished your cancer treatments, you may still need our help. We're committed to supporting you in every way we can — physically, emotionally, spiritually, and otherwise — for as long as you need us.

We've built a program designed for cancer survivors and their families. Our <u>Adult Survivorship Program</u> has many services for you and your loved ones, including support groups, follow-up programs, educational resources, and more.

Plus, our Resources for Life After Cancer program offers individual and family counseling, lectures and support groups, and practical guidance on employment and insurance issues, among other services. Visit the <u>Adult Survivorship Program</u> to learn more.

# **Integrative Medicine**

Medical treatments — chemotherapy, radiation, surgery — are often the best way to treat your cancer. Their whole purpose is to get you healthy again. But at MSK, we know that complementary services can also help soothe and heal not only your body but also your mind and spirit.

Our <u>Integrative Medicine Service</u> can be a valuable part of your formal treatment plan. Programs we offer include massage, acupuncture, hypnotherapy, meditation, visualization, music therapy, and nutritional counseling. Formal classes include yoga, tai chi, and chair aerobics.

Learn more about the variety of complementary services we offer.

### Rehabilitation and Exercise

Cancer treatment can sap your strength, flexibility, mobility, and endurance. Our rehabilitation specialists can teach you therapeutic exercises and training programs that can help you heal. Our state-of-the-art facilities are specially tailored to the needs of people who've undergone treatment for cancer.

Learn more about how we can help you get moving again.

#### **Older Patients**

Cancer and its treatment are a challenge for anyone, regardless of age. But if you're over 65, you may face unique issues that only affect people in your age group. We're committed to providing cancer patients of all ages with the treatment, facilities, and support they need.

Your treatment team will include healthcare professionals who have the specialized training and experience to effectively treat older patients. Every aspect of your care — diagnosis, treatment, recovery, support — will be tailored to meet your particular needs.

Learn more about how we care for older patients.

## **Supportive Care and Pain Management**

At Memorial Sloan Kettering, we focus on all aspects of comprehensive cancer care, not just treating the disease. Our specialists in supportive care can help you cope with the side effects of therapy. These include pain, nausea, and fatigue. We can also help with the emotional and spiritual needs that often come up during and after cancer treatment.

Learn more about how our Supportive Care Service can help you throughout the cancer experience.

If you are in pain during your treatments or even after they're over, we have pain specialists who can help. We will build a plan that makes sense for you and your needs. Our experts can work with your doctor and pharmacists to give you solutions for both acute physical pain, which comes on suddenly, as well as chronic pain, which can linger. Our goal is to keep you as comfortable as possible.

Learn more about how we can relieve your pain.

#### Request an Appointment

Call 800-525-2225

Available Monday through Friday, 8 a.m. to 6 p.m. (Eastern time)

Make an Appointment

**PREVIOUS** 

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**NEXT** 

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