Ready to start planning your care? Call us at 800-525-2225 to make an appointment.

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Memorial Sloan Kettering Cancer Center

### Make an Appointment

Refer a Patient

ABOUT US Our mission, vision & core values Leadership History Equality, diversity & inclusion Annual report Give to MSK

we other arrange of programs to help you care for yourself after your treatment ends.

# Physical and Occupational Therapy

Our physical and occupational therapists can help you restore function, increase mobility, and improve quality of life following surgery, radiation, or chemotherapy.

Our physical therapists are available to evaluate you and generate an individualized treatment and exercise plan to help you maximize strength, coordination, balance, and other functions.

## Memorial Sloan Kettering Counseling Center

Our <u>Counseling Center</u> offers individual and group counseling sessions to help patients and their families address the problems they may encounter in adjusting to life during and after treatment.

#### **Resources for Life After Cancer**

The <u>Resources for Life After Cancer</u> program provides a full range of educational support services, including individual and family counseling, periodic lectures or workshops to provide medical updates, and practical guidance on employment and insurance issues.

#### Integrative Medicine Service

Our <u>Integrative Medicine Service</u> complements mainstream medical care by addressing the physical and emotional symptoms associated with cancer and its treatment. We offer a number of therapies including various types of massage, acupuncture, hypnotherapy, meditation, visualization and other mind-body therapies, music therapy, and nutritional counseling, as well as classes such as yoga, tai chi, and chair aerobics.

#### Help for Older Patients

Cancer is a challenge for anyone, regardless of age. But if you're over 65, you may face challenges unique to your age group. At MSK, we're committed to providing cancer patients of all ages with the treatment, facilities, and support they need.

Your treatment team will include healthcare professionals who have the specialized training and experience to effectively treat older patients. Every aspect of your care — diagnosis, treatment, recovery, support — will be tailored to meet your particular needs.

Learn more about how we care for older patients.

#### **Request an Appointment**

Call 800-525-2225

Available Monday through Friday, 8 a.m. to 6 p.m. (Eastern time)

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