

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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Memorial Sloan Kettering
Cancer Center

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Integrative Medicine Service

Memorial Sloan Kettering's [Integrative Medicine Service](#) is designed to enhance patients' quality of life through healing regimens that address the body, mind, and spirit. We offer a number of therapies including various types of massage, acupuncture, hypnotherapy, meditation, visualization, and other mind-body therapies, music therapy, and nutritional counseling, as well as classes such as yoga, t'ai chi, and chair aerobics.

Smoking Cessation

Our [Smoking Cessation Programs](#) specialize in addressing the needs of patients who want to improve their health by quitting smoking. We use a range of individually tailored methods to help each person find alternative, healthy ways to resist the craving to smoke and to quit smoking permanently. We also welcome family members who want to stop smoking, as it may be easier to quit together.

Help for Older Patients

A diagnosis of a tracheal disease is difficult at any age, but older patients face unique challenges. Memorial Sloan Kettering Cancer Center is committed to providing patients aged 65 and older with the treatment, facilities, and support they need.

Older patients receive the services of our multidisciplinary geriatric team, which includes physicians, clinical nurse specialists, social workers, nutritionists, and psychiatrists, as well as members of the Palliative Medicine Service and Integrative Medicine Services.

For more information about our services for older patients as well as for their family and friends, visit the [Help for Older Patients](#)

section of our website.

Access Information through Our Patient Portal

Memorial Sloan Kettering offers a secure website — called MYMSKCC — for patients to access personalized information about their care. If you enroll to use MYMSKCC, you can view, confirm, and keep track of appointments; access more than 300 lab results; make changes to contact and insurance information; communicate with your healthcare team and other staff using secure electronic messages; and pay bills and view balances. [Learn more about MYMSKCC.](#)

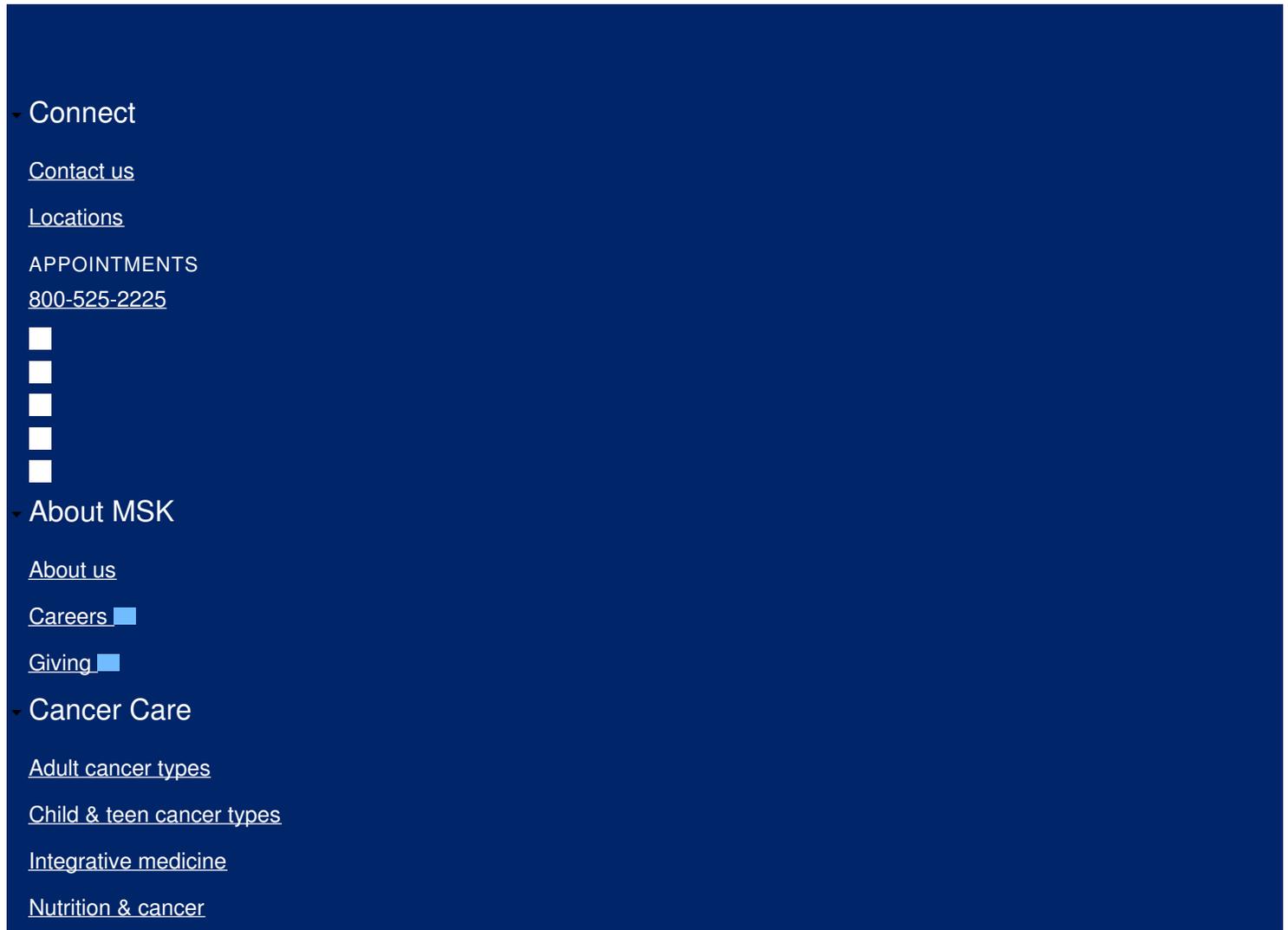
To enroll in MYMSKCC, please ask a care coordinator in clinic or contact your physician's office.

Request an Appointment

Call [800-525-2225](tel:800-525-2225)

Available Monday through Friday, 8 a.m. to 6 p.m. (Eastern time)

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