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[Back](#)

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[Our mission, vision & core values](#)

[Leadership](#)

[History](#)

[Equality, diversity & inclusion](#)

[Annual report](#)

[Give to MSK](#)



Psychiatrist William Breitbart directs the Psychotherapy Laboratory at MSK.

William Breitbart, MD, Director

This group will mount a series of trials of individual, group, couple, and family therapy, as well as a group of studies involving microdissection of the aspects of therapy that prove therapeutic. A dedicated laboratory has been established with video-recording capacity in two individual psychotherapy rooms and two group and family therapy rooms. This enables the fidelity of any intervention to be studied to be certain that a model under study is properly and faithfully applied.

Current studies of meaning-centered psychotherapy led by Dr. Breitbart and trials of family therapy led by Dr. Kissane are well underway. Other studies include cognitive-behavioral treatment of post-traumatic stress disorder in bone marrow transplant survivors, maternal coping with bone marrow transplantation, and the development and evaluation of family problem-solving and multiple family groups.

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