

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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Memorial Sloan Kettering
Cancer Center

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Overview of Bendheim Integrative Medicine Center

Our team is excited to share that our outpatient therapies have moved to MSK's 64th Street Outpatient Center. Our new location is 205 East 64th Street in Manhattan. Our team is here to answer questions you may have about our relocation.

The Bendheim Integrative Medicine Center offers a wide range of services designed to enhance quality of life, increase self-awareness, and help prevent and manage physical and emotional symptoms of cancer. We are open to anyone receiving treatment at Memorial Sloan Kettering, as well as anyone in the community.

VIDEO | 02:45

Introduction to Integrative Medicine at MSK

Meet our Integrative Medicine specialists and learn about how they can help people with cancer.

[Video Details](#) →



Our massage therapists work with you from the point of diagnosis throughout survivorship.

Services Offered

At the Bendheim Integrative Medicine Center, we offer a number of holistic health services, including:

[acupuncture](#)

[massage therapy](#)

[exercise classes and personal training](#)

[mind-body therapies and classes](#)

physician consultations and nutritional advice

Care Team

At Memorial Sloan Kettering, doctors, nurses, and other specialists work together on treatment teams for each patient. This means that your care team is highly experienced in caring for people with the type of cancer you have. In addition to your medical care, your team will also develop a plan to care for your total well-being, including support for your family and loved ones.

[Learn about our care teams](#)



Acupuncture is a safe, painless, and evidence-based complementary therapy. Pictured is MSK Chief of Integrative Medicine Jun Mao with patient Tamara Brooks.

Visiting the Bendheim Integrative Medicine Center

Parking Information

The nearest discounted parking garages for the 64th Street Outpatient Center are:

- Central Parking, 222 East 65th Street, between Second and Third Avenues
- ICON Parking, 200 East 65th Street, between Second and Third Avenues (connects directly to 64th facility)
- ICON Parking, 249 East 65th Street, between Second and Third Avenues
- Central Parking, 222 East 65th Street, between Second and Third Avenues
- Central Parking, 301 East 66th Street, between First and Second Avenues
- LENOX Parking, 360 East 65th Street, between First and Second Avenues

To receive discounts at these garages, ask security or concierge staff for help.
You can also park in MSK’s garage, located on East 66th Street between First and York Avenues. Validation is not necessary.

Visiting Us

We want your visit to MSK to be as comfortable and convenient as possible. Here, you can find our [visitor policy](#), nearby [accommodations](#), transportation details and advice about the local area to help you find your way.

[View all of our visitor information](#)

Amenities



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