

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

X



Memorial Sloan Kettering
Cancer Center

[Make an Appointment](#)
[Back](#)

[Find a Physician](#)
[Treatment](#)
[Survivorship Resources](#)
[Learn About Cancer & Treatment](#)

ABOUT US

[Our mission, vision & core values](#)

[Leadership](#)

[History](#)

[Inclusion & belonging](#)

[Annual report](#)

[Give to MSK](#)

~~WHAT IS A SURVIVORSHIP CARE PLAN?~~

A survivorship care plan is the record of a patient's cancer history and recommendations for follow-up care. The plan should provide clear designation of provider responsibilities, oncology and non-oncology, to optimize care coordination, avoid unnecessary use of resources, and ensure that care does not "fall through the cracks." Patients should be encouraged to provide a copy of the care plan to their primary care providers and other healthcare providers throughout life.

Elements of a Survivorship Care Plan

Treatment Summary

- Details of the cancer diagnosis
 - Diagnosis date
 - Type of cancer
 - Location

- Stage
- Histology
- Names and contact information of the providers and treatment facilities
- Treatments administered
 - Chemotherapy/biotherapy — regimen, drug, dose, cycles; clinical trial information
 - Radiation — type, dose, site
 - Surgery — procedure

Follow-up Plan

- Specific recommendations for ongoing care
 - Schedule of visits with oncology specialist
 - Surveillance testing for recurrence
 - Identify and manage long-term and late effects
- Health promotional strategies
 - Smoking cessation
 - Alcohol and dietary modifications
 - Regular weight-bearing exercise

Questions To Be Considered When Implementing Care Plans

- How will the treatment data be collected and from where?
- Who will be responsible for collecting and entering the data?
- What resources will be needed?
- What the services will be included in the follow-up care?
- What guidelines will be followed for surveillance?
- What patient groups will be included?
- When is the most appropriate time to review the survivorship care plan with patients — at the end of treatment or sometime later?
- Should there be a formal transition visit?
- Who will receive the care plan?
- Will the care plan be stored electronically?
- Will the care plan be periodically updated?

Online Resources for Survivorship Planning

American Society of Clinical Oncology	Care plan templates, guidelines for breast and colorectal cancer follow-up
Journey Forward	<u>Tool for developing care plans based on ASCO recommendations</u>
National Comprehensive Cancer Network	<u>Disease-specific treatment follow-up guidelines</u> Registration is required, but access to these guidelines is free.
LiveStrong Care Plan Powered by Penn Medicine's OncoLink	<u>Patients can develop their own care plan to be reviewed by their healthcare team</u>
Memorial Sloan Kettering Cancer Center	<u>Treatment summary and care plan</u>

© 2025 Memorial Sloan Kettering Cancer Center