

PATIENT & CAREGIVER EDUCATION

Benzyl Alcohol

This information from Lexicomp® explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

AverTeaX [OTC]; Zilactin [OTC]

What is this drug used for?

Gel and ointment:

- It is used to treat mouth or lip sores.

Lotion:

- It is used to treat head lice.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.

- If the patient is a child. This drug may not be for use in all ages of children.

This drug may interact with other drugs or health problems.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- This drug may cause harm if swallowed. If this drug is swallowed, call a doctor or poison control center right away.
- This drug has benzyl alcohol in it. If possible, avoid products with benzyl alcohol in newborns or infants. Serious side effects can happen in these children with some doses of benzyl alcohol, including if given with

other drugs that have benzyl alcohol. If you have questions, talk with the doctor.

If your child is pregnant or breast-feeding a baby:

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

All products:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.

Lotion:

- Irritation where this drug was used.
- Eye irritation.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

Gel and ointment:

- Irritation where this drug was used.

Lotion:

- Itching.
- Redness.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

Gel and ointment:

- Wash your hands before and after use.
- Do not let your child swallow this drug.
- Do not get this drug in the eyes.
- Dry the area where you will be putting this drug.
- Put a thin layer on the affected part with a cotton swab or clean fingertip.
- Put on affected part only.

Gel:

- Let dry for 30 to 60 seconds.
- Do not peel off dry film. If you need to remove film, put on another coat and wipe the area with a moist cloth.
- This drug may catch on fire. Do not use near an open flame or while smoking.

Lotion:

- Do not give by mouth. Use on your child's skin only. Keep out of your child's mouth, nose, and eyes (may burn).
- Cover eyes and face with a towel. Have your child keep eyes closed tightly.
- Rub into dry hair and scalp all the way.
- Do not wet hair before putting this drug on.
- Do not cover head while lotion is on hair.
- Leave on for 10 minutes.
- After 10 minutes, fully rinse your child's hair and scalp with water only.
- Wash your hands after use.
- Use special nit comb or tweezers to get rid of dead nits (lice eggs) from hair.
- Wash all bedding, towels, and recently worn clothes in hot water or have them dry cleaned.
- If you get this drug in your child's eyes, wash right away with water. If your child has eye irritation that lasts or a change in eyesight, call the doctor.

What do I do if my child misses a dose?

Gel and ointment:

- If your child uses this drug on a regular basis, put on a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not put on 2 doses at the same time or extra doses.
- Many times this drug is used on an as needed basis. Do not use more often than told by the doctor.

Lotion:

- Put on a missed dose as soon as you think about it.

How do I store and/or throw out this drug?

All products:

- Store at room temperature. Do not freeze.
- Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Gel:

- Protect from heat or open flame.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments,

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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