Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

Emollients

This information from Lexicomp® explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

A+D First Aid [DSC]; Abravo; AlevaMax; Aqua-Nu; Aquagard Hydrating; Atopaderm; Atopavo; Atopiclair; Atrapro Antipruritic; Aurstat [DSC]; AVO Cream; Biafine; Ceracade; CeraVe; Cetaphil Moisturizing; Critic-Aid Clear; D-Cerin; DermaPhor [DSC]; Dermaso Plus; DerMend Bruise; Eletone [DSC]; Emulsion SB; EpiCeram Skin Barrier; Hylatopic Plus; KamDoy; KeraStat; Keri Nourishing Shea Butter; Keri Original Daily Moisture; Lubriderm; Lubriderm Advanced Therapy; Lubriderm Daily Moisture; Lubriderm Intense Skin Repair; Lubriderm Mens; Lubriderm Seriously Sensitive; Micuraderm; MimyX; Moisturel; Neosalus; Niseko; Nivatopic Plus [DSC]; Normlshield; Noxifine [DSC]; Pen-Kera; Pentravan Plus; Phlag Spray; PR Cream; Promiseb; PruClair; PruMyx; PruTect [DSC]; Remigen; Soothe & Cool Moisturizing; Suvicort [DSC]; Tropazone [DSC]; Vanicream; VP DermaBase

What is this drug used for?

- It is used to treat or prevent certain skin problems.
- It may be given to you for other reasons. Talk with the doctor.

What do I need to tell my doctor BEFORE I take this drug?

- If you are allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.

- If you have a skin rash caused by an allergy to a food or drug.
- If you have a wound that is bleeding.

This is not a list of all drugs or health problems that interact with this drug.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take this drug?

All products:

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- Check with your doctor about how to use sunscreen with this drug.
- Talk with your doctor before you use other drugs or products on your skin.
- Some brands of this drug may not be put on open sores, broken skin, or bad burns. Check with the doctor or pharmacist.
- Some products may have metal. These products need to be taken off before an MRI, cardioversion, radiation, or other procedure. Talk with the doctor about this drug before any procedures.
- This drug may cause harm if swallowed. If this drug is swallowed, call a doctor or poison control center right away.
- Tell your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding. You will need to talk about the benefits and risks to you and the baby.

Foam:

- This drug may catch on fire. Do not use near an open flame or while smoking.

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of skin infection like oozing, heat, swelling, redness, or pain.
- Bleeding that is not normal from the affected part.
- Fever.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Skin irritation.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.

You may report side effects to the FDA at 1-800-332-1088. You may also report side effects at https://www.fda.gov/medwatch.

How is this drug best taken?

Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

- Do not take this drug by mouth. Use on your skin only. Keep out of your mouth, nose, ears, and eyes (may burn).
- Some of these drugs need to be shaken before use. Be sure you know if this product needs to be shaken before using it.
- Wash your hands before and after use. If your hand is the treated area, do not wash your hand after use.
- Clean affected part before use. Make sure to dry well.
- Put on the affected part as you have been told.
- You may need to cover the treated area with a bandage or dressing. Talk with the doctor.

What do I do if I miss a dose?

- Put on a missed dose as soon as you think about it.
- Many times this drug is used on an as needed basis. Do not use more often than told by the doctor.

How do I store and/or throw out this drug?

All products:

- Store at room temperature. Do not freeze.
- Be sure you know how long you can store this drug before you need to throw it away. Check the storage information that comes with this drug. If you have questions, check with your pharmacist.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be

drug take-back programs in your area.

Foam:

- Protect from heat or open flame. Do not puncture or burn even if it seems empty.

General drug facts

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else’s drugs.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider’s examination and assessment of a patient’s specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of

medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms.

Last Reviewed Date

2024-02-16

Copyright

© 2024 UpToDate, Inc. and its affiliates and/or licensors. All rights reserved.

If you have any questions, contact a member of your care team directly. If you're a patient at MSK and you need to reach a provider after 5 p.m., during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

Emollients - Last updated on December 12, 2022
All rights owned and reserved by Memorial Sloan Kettering Cancer Center