

# Assessment and Treatment of Tobacco Dependence in Cancer Care

Saturday, April 9, 2016



## MSK Psycho-Oncology Education & Training Institute

This Course Includes CEU Credits



Memorial Sloan Kettering  
Cancer Center™

### Conference Location:

**MEMORIAL SLOAN KETTERING CANCER CENTER**  
Rockefeller Research Laboratories  
430 East 67th Street, New York, NY 10065

# Assessment and Treatment of Tobacco Dependence in Cancer Care

## Course Overview

It is well-established that smoking is the leading cause of many types of cancer. In addition, persistent smoking among cancer patients is associated with adverse short and long-term clinical outcomes including increased risk for treatment complications, poor health related quality of life, disease recurrence, second primary cancers, disease progression, and mortality. Despite these clinical risks, there are clear research-to-practice gaps and lack of training is routinely identified as a barrier to improving quality of tobacco treatment in oncology care.

This training will prepare learners to provide safe and effective evidence-based treatment for tobacco dependence for the cancer patients/survivors and their family members.

## OBJECTIVES

- Attendees will gain a better understanding of the risks of persistent smoking and benefits of quitting for cancer patients and survivors
- Attendees will gain a better understanding of evidence-based pharmacotherapy and cessation counseling interventions
- Attendees will have an opportunity to practice tobacco use assessment and treatment planning skills during simulated patient (role play) exercises
- Attendees will gain a better understanding of system-level recommendations for implementing tobacco use assessment and treatment in routine cancer care

## TARGET AUDIENCE

The target audience is Oncologists, Tobacco Treatment Specialists, Physician Assistants, Nurses, Nurse Practitioners, Social Workers, and Respiratory Therapists working in oncology care settings.

For more information, or to register, please visit:

[www.mskcc.org/TobaccoCare](http://www.mskcc.org/TobaccoCare)



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## Agenda

Saturday, April 9, 2016

- 8:00am      **BREAKFAST & REGISTRATION**
- 9:00am      Making the Case for Treating Tobacco Dependence  
in Cancer Patients  
Jamie S. Ostroff PhD
- 9:45am      **Q&A**
- 10:00am     Tobacco Cessation Pharmacotherapy Best Practices  
in the Context of Cancer Care  
C. Will Whitlock, NP, CTTS and  
Suhana de León-Sanchez, NP, CTTS
- 10:45am     **Q&A**
- 11:00am     **COFFEE BREAK**
- 11:15am     Evidence-based Tobacco Cessation Counseling & Motivational  
Strategies Best Practices in the Context of Cancer Care  
Jack E. Burkhalter, PhD
- 12:00pm     **Q&A**
- 12:15pm     Overview: Simulated/Role Play Exercises  
Maureen O'Brien, CNS, CTTS-M
- 12:30pm     **LUNCH**
- 1:15pm      **SIMULATED SESSION I:**  
Assessment & Initial Treatment Plan
- 2:15pm      **SIMULATED SESSION II:**  
Follow-Up
- 3:15pm      **COFFEE BREAK**
- 3:30pm      **WRAP UP:**  
Implementing a Tobacco Use Program  
within your Cancer Care Setting
- 4:15pm      **Q&A**
- 4:30pm      **ADJOURN**



# Assessment and Treatment of Tobacco Dependence in Cancer Care

## Course Faculty



**Jamie  
Ostroff, PhD**

Chief, Behavioral Sciences Service  
Director, Tobacco Treatment Program



**Jack  
Burkhalter, PhD**

Assistant Director,  
Tobacco Treatment Program



**Suhana  
de León-Sanchez,  
NP, CTTS**

Tobacco Treatment  
Specialist



**C. Will  
Whitlock, NP, CTTS**

Tobacco Treatment  
Specialist



**Maureen O'Brien,  
CNS, CTTS-M**

Tobacco Treatment  
Specialist

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## COURSE DESIGN

This course is comprised of lectures, simulated role plays and interactive audience participation encouraging the intellectual exchange of ideas between faculty and participants.

## ACCREDITATION STATEMENT

### PHYSICIANS

MSK is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Memorial Sloan Kettering Cancer Center designates this live activity for a maximum of **5 AMA PRA Category 1 Credits™**. The AMA has determined that physicians not licensed in the United States but who participate in this CME activity are eligible for **5 AMA PRA Category 1 Credits™**.

### NURSES

Memorial Sloan Kettering is an Approved Provider of continuing nursing education by the Northeast Multistate Division (NE-MSD), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Contact hours will be awarded to registered nurses who attend the program in its entirety.

### SOCIAL WORKERS

Memorial Sloan Kettering Cancer Center SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0228.

This live training is approved for **5.0 Continuing Education Hours of Live Training**.

## EVALUATION

A course evaluation survey will provide attendees with the opportunity to review the sessions and the speakers and to identify future educational needs.

## OUTCOMES MEASUREMENT SURVEY

Six months after the end of the course, an Outcomes Measurement survey will be sent to all participants to help us determine what positive impacts have been made on participant practice as a result of the course.

## FACULTY DISCLOSURE

It is the policy of MSKCC to make every effort to ensure balance, independence, objectivity, and scientific rigor in all continuing medical education activities which it sponsors as an ACCME accredited provider. In accordance with ACCME guidelines and standards, all faculty participating in an activity sponsored by MSKCC are expected to disclose any significant financial interest or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services which are discussed by the faculty members in an educational presentation. As required by the ACCME, when an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, MSKCC requires the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

## REGISTRATION

The deadline for early registration is March 31, 2016. Please see reverse for more information regarding course registration fees. To register for this course, please visit our website: [www.mskcc.org/TobaccoCare](http://www.mskcc.org/TobaccoCare)

The registration fee is waived for MSKCC employees. MSKCC staff who wish to attend should email [cme@mskcc.org](mailto:cme@mskcc.org) in order to register.

For more information, or to register, please visit:

[www.mskcc.org/TobaccoCare](http://www.mskcc.org/TobaccoCare)

# Registration

## EARLY\*

## GENERAL

\$200	\$250	MDs, PhDs, and DOs
\$140	\$175	MSK Alliance Members and MSK Alumni
\$100	\$150	Residents, Fellows, RNs and Other Healthcare Providers

\*Deadline for early registration is March 31, 2016.

To register, please visit:

[www.mskcc.org/TobaccoCare](http://www.mskcc.org/TobaccoCare)

Registration includes continental breakfast, lunch, and refreshment breaks. Special meals are available upon request, including vegetarian, kosher, or gluten-free. Please let us know if we can assist you with any special dietary needs.

*The registration fee is waived for all MSK staff.* However, you must register for the course by visiting the Continuing Medical Education page on OneMSK



## ACCOMMODATIONS

For information on hotels in the area of MSKCC with discounted rates, please visit: [www.mskcc.org/accommodations](http://www.mskcc.org/accommodations)

## CONTACT

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