Psychopharmacology in Cancer Care:
An Update for Clinicians of all Disciplines

Saturday, October 29, 2016

CONFERENCE LOCATION:
Memorial Sloan Kettering Cancer Center
Rockefeller Research Laboratories
430 East 67th Street
New York, NY 10065
Course Overview

Clinicians have numerous tools at their disposal to help adult cancer patients dealing with symptoms of depression, anxiety, and other cancer sequelae. Psychiatric medications are most frequently prescribed to cancer patients by oncologists and general practitioners, however psychiatric syndromes are often underdiagnosed and undertreated. Few oncology practices have dedicated psychiatric consultants familiar with the nuances of Psycho-Oncology. Even when patients receive psychotropic medications appropriately, they may have problems that arise before their next oncology visit or before they see the person who prescribed their psychiatric medications. Psychologists, nurses and social workers play an essential role in identifying psychological and physical symptoms as well as both beneficial and problematic medication effects as they provide frontline psychosocial interventions and support for cancer patients.

This course is designed for the non-prescribing psycho-oncology clinician as well as the psychiatrist who is new to the world of Psycho-pharmaco-oncology. Oncologists, palliative care clinicians, advanced practice nurses and oncology nurses will find this course useful as well. The course will focus on key target disorders and symptoms amenable to psychopharmacological intervention, including anxiety, depression, delirium, insomnia, pain, fatigue and cachexia. Participants will learn to identify psychological reactions to medical conditions or treatments; psychiatric presentations of medical conditions or treatments; medical presentations of psychiatric conditions and common medical complications of psychiatric conditions or treatments.

3% OF CANCER PATIENTS ARE PRESCRIBED ANTIDEPRESSANTS

DEPRESSION AFFECTS UP TO 25% OF CANCER PATIENTS
Basic information will be presented about medications used to alleviate Quality of Life symptoms that arise in the cancer setting from diagnosis to survivorship or end of life care, and the interface of psychotherapy and medication management. We will review why certain medications are used and why some are avoided, looking at potential benefits, unwanted side effects, and drug-drug interactions, since you may be the first person to identify a serious adverse event. The course will also enhance your ability to provide psychoeducation to patients regarding psychiatric medications.

**Learning Objectives**

Participants will learn basic psycho-pharmaco-oncology and how to hone essential clinical and observation skills to improve the quality of life, mental health and safety of their patients by understanding the basics of the psychophysiology of cancer.

**Target Audience**

The target audience includes Psychiatrists, Psycho-oncologists, Oncologists, Palliative Care Physicians, Physician Assistants, Nurse Practitioners, Nurses, Psychologists, Social Workers and Counselors.
Course Agenda

8:00–8:30 am  REGISTRATION & BREAKFAST
8:30–8:45 am  Overview & Introduction
Andrew Roth, MD
8:45–9:30 am  Depression
Andrew Roth, MD
9:30–10:15 am  Anxiety Disorders
Andrew Roth, MD
10:15–10:30am  COFFEE BREAK
10:30–11:15 am  Delirium
William Breitbart, MD
11:15–11:45 am  Case Presentation
Cases will be Discussed by the Faculty
11:45–12:45 pm  LUNCH
12:45–1:30 pm  Insomnia
Yesne Alici, MD
1:30–2:15 pm  Fatigue
William Breitbart, MD
2:15–2:30 pm  COFFEE BREAK
2:30–3:00 pm  Pain
Nessa Coyle, RN, PhD
3:00–3:30 pm  Cachexia
Yesne Alici, MD
3:30–4:00 pm  Chemobrain
Yesne Alici, MD
4:00–4:30 pm  A Non-Prescriber’s Perspective on the Importance of Psychopharmacology in the Cancer Setting
Penelope Damaskos, PhD, LCSW, OSW-C
4:30–5:00 pm  Case Presentation
Cases will be Discussed by the Faculty
5:00 pm  ADJOURN

www.mskcc.org/psychopharma
MSK Faculty

William Breitbart, MD
Attending Psychiatrist, Chair, Department of Psychiatry & Behavioral Sciences; Attending Psychiatrist, Palliative Medicine Service, Division of Survivorship & Supportive Care, Department of Medicine

Andrew Roth, MD
Attending Psychiatrist, Psychiatry Service; Training Program Director, Psychosomatic Medicine Fellowship, Department of Psychiatry & Behavioral Sciences

Yesne Alici, MD
Assistant Attending Psychiatrist, Psychiatry Service; Co-Director, Biobehavioral Brain Program, Department of Psychiatry & Behavioral Sciences

Penelope Damaskos, PhD, LCSW, OSW-C
Director, Social Work Department of Social Work

Special Guest

Nessa Coyle, RN, PhD
Consultant, Palliative Care and Clinical Ethics

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Registration

EARLY
Before 8/29/16

GENERAL
After 8/29/16

Physicians (MDs, PhDs, DOs) $200 $250

MSK Alliance and MSK Alumni $150 $175

Residents, Fellows, NPs, PAs, RNs, Psychologists, Social Workers and Counselors $100 $150

Register online at:

www.mskcc.org/psychopharma

Registration includes continental breakfast, lunch, and refreshment breaks. Please contact us at least one week prior to the course if you have any special dietary needs.

Registration is complimentary for MSK staff who wish to attend this course. However, you must register online by visiting the Continuing Medical Education page on OneMSK.

CONTACT
Continuing Medical Education
Memorial Sloan Kettering Cancer Center
633 Third Avenue, 12th Floor, New York, NY 10017
cme@mskcc.org

COURSE DESIGN
This course is comprised of lectures and interactive audience participation encouraging the intellectual exchange of ideas between faculty and participants.

ACCREDITATION STATEMENT
MSK is accredited by the Accreditation Council for Continuing Medical Education (ACME) to provide continuing medical education for physicians.

AMA CREDIT DESIGNATION STATEMENT
MSK designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. The AMA has determined that physicians not licensed in the United States but who participate in this CME activity are eligible for 6.75 AMA PRA Category 1 Credits™.

CE CREDITS
This presentation is approved for 7.0 Continuing Education Hours of Live Training. Memorial Sloan Kettering Cancer Center SW CPE is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #0228.

CNE CREDITS
CNE application pending approval; visit the conference website for more information.

FACULTY DISCLOSURE
It is the policy of MSK to make every effort to insure balance, independence, objectivity, and scientific rigor in all continuing medical education activities which it sponsors as an ACCME accredited provider. In accordance with ACCME guidelines and standards, all faculty participating in an activity sponsored by MSK are expected to disclose any significant financial interest or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services which are discussed by the faculty members in an educational presentation. As required by the ACCME, when an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, MSK requires the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

ACCOMMODATIONS
For information on hotels in the area of MSKCC with discounted rates, please visit: www.mskcc.org/accommodations.