

Welcome.

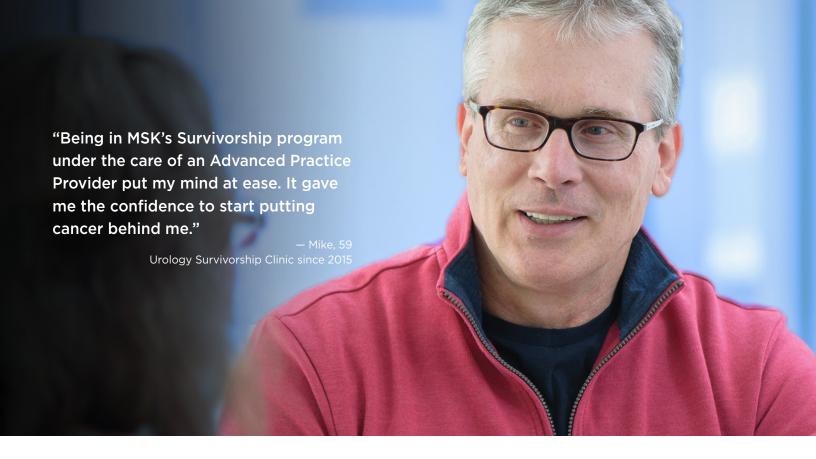
You've reached an exciting milestone in your cancer journey. The Adult Survivorship Program will guide you through your next phase of care.

For more information: mskcc.org/survivor



"At my first Survivorship clinic visit, my APP knew the details of my medical history even though I was meeting her for the first time. She had a comprehensive set of recommendations for me that we continue to update every time we meet."

> — Srinivas, 41 Colorectal Survivorship Clinic since 2018



What is the Adult Survivorship Program?

The goal of MSK's Adult Survivorship Program is to help you move forward with your life while carefully monitoring your disease. The new focus of your care will be your overall health and wellness. We understand that you have been through a lot, and we recognize that you may experience new challenges now that your treatment has ended. Survivorship Advanced Practice Providers (APPs) are specially trained to help you live your healthiest life.

Here's what to expect from Survivorship:

- a review of your medical history
- continued surveillance for recurrence
- screening recommendations for other cancers
- management of treatment-related side effects
- physical exam and testing as needed
- emotional support
- counseling on healthy living habits
- referrals to experts and resources
- a Survivorship Care Plan

Let Us Help

Your Survivorship APP is another member of your MSK team and is an expert in your diagnosis. Your Survivorship care will be completely integrated with the care you've already received at MSK.

Your team has unique expertise in the issues that you might face after completing treatment. Providing comprehensive care to cancer survivors is what we do every day. It means you'll have more people in your corner. We're here to put your mind at ease, so you can start putting cancer behind you.

Here's What's Next

Your primary MSK physician will guide you as you move into Survivorship. We know how hard it is to see someone new after you've developed close relationships with your current doctors and nurses. Rest assured, your care team is confident that this is the right next step for you. And you can always reach out to anyone you have seen here at MSK. They will always be here for you. You're in good hands.