

FOOD Provider Curriculum Pre-Module Questionnaire:

- 1) Food insecurity is a condition defined by someone's access to and intake of safe and sufficient food. What factors would suggest that a person may be food insecure?
 - A. Unintended weight loss
 - B. Lack of information about balanced portions
 - C. Lack of understanding about the potential benefits of consuming fish
 - D. Embarrassment about using Food Stamps (SNAP benefits)
 - E. A and C
 - F. A, C and D

- 2) Discussions about food shopping and eating habits are inappropriate during patient-doctor interviews.
 - A. True
 - B. False

- 3) Country of birth, language spoken at home and immigration status do not have a clear impact on a patient's risk for food insecurity.
 - A. True
 - B. False

- 4) Food insecurity is typically recognizable within the first few general screening questions asked to patients.
 - A. True
 - B. False

- 5) What is the most effective way to incorporate food insecurity diagnostic questions into regular patient care?
 - A. As part of the social history, ask patients if financial issues ever cause them to skip meals, buy less food or not purchase food.
 - B. Ask patients if financial issues ever cause them to eat smaller meals, skip meals, or eat nutritionally unbalanced meals, as part of the dietary history.
 - C. Ask patients if the cost of medicines makes it difficult to buy food, as part of the medication history.
 - D. Adopt a direct approach and ask patients if they are hungry and/or cannot afford food.
 - E. A,B, and C
 - F. A, B, C and D

