FOOD Provider Curriculum Pre-Module Questionnaire:

1) Food insecurity is a condition defined by someone’s access to and intake of safe and sufficient food. What factors would suggest that a person may be food insecure?
   A. Unintended weight loss
   B. Lack of information about balanced portions
   C. Lack of understanding about the potential benefits of consuming fish
   D. Embarrassment about using Food Stamps (SNAP benefits)
   E. A and C
   F. A, C and D

2) Discussions about food shopping and eating habits are inappropriate during patient-doctor interviews.
   A. True
   B. False

3) Country of birth, language spoken at home and immigration status do not have a clear impact on a patient’s risk for food insecurity.
   A. True
   B. False

4) Food insecurity is typically recognizable within the first few general screening questions asked to patients.
   A. True
   B. False

5) What is the most effective way to incorporate food insecurity diagnostic questions into regular patient care?
   A. As part of the social history, ask patients if financial issues ever cause them to skip meals, buy less food or not purchase food.
   B. Ask patients if financial issues ever cause them to eat smaller meals, skip meals, or eat nutritionally unbalanced meals, as part of the dietary history.
   C. Ask patients if the cost of medicines makes it difficult to buy food, as part of the medication history.
   D. Adopt a direct approach and ask patients if they are hungry and/or cannot afford food.
   E. A, B, and C
   F. A, B, C and D