Psalm 121

1 A song for ascents. I shall raise my eyes to the mountains, from where will my help come?

2 My help is from G-d, the Maker of heaven and earth.

3 He will not allow your foot to falter; Your Guardian will not slumber.

4 Behold the Guardian of Israel will neither slumber nor sleep.

5 G-d is your Guardian; G-d is your shadow; [He is] by your right hand.

6 By day, the sun will not smite you, nor will the moon at night.

7 G-d will guard you from all evil; He will guard your soul.

8 G-d will guard your going out and your coming in from now and to eternity.

We wish all patients a speedy recovery, a refuah shelemah.

Contact Us

1275 York Avenue, C170
New York NY 10065
212-639-5982

Scan the QR code to learn more:

Memorial Sloan Kettering Spiritual Care Services is not associated with any of the organizations listed here. This list is for informational purposes only.
Shabbat Visitors
Volunteers from Congregation Kehilath Jeshurun (KJ) Bikur Cholim Society visit patients on Shabbat upon request. They can offer prayer or kiddush at the bedside. Please call Spiritual Care at 212-639-5982 to request a visit.

Chai Lifeline offers visits to pediatric patients. To request a visit, call 848-480-3179.

Shabbat and Yom Tov Information
Electric Shabbat candles and grape juice can be requested before 3 pm. by calling Spiritual Care. Due to fire laws, lighting actual candles is not permitted.

The hospital entrance at 425 East 67th Street has mechanical doors. It is open 24 hours a day, 7 days a week.

Car 1 is the designated Shabbat elevator in the M (main building) elevator bank. Stairwell B near the M elevator bank offers access to all patient floors.

The sink in the Bikur Cholim room is manually operated.

Religious and Holiday Services
Mincha Minyan is held every Monday through Thursday at 4 pm in the chapel, which is located on the main floor opposite the information desk. Religious services and special holiday events are broadcast on Chapel Channel 109.1.

Holiday and Yom Tov services are held as noted in special bulletins that are distributed before each holiday. Call Spiritual Care Services at 212-639-5982 for more information.

Chesed 24/7 Hospitality Room
The hospitality room, located in room C172 between the B and C elevator banks, has light kosher meals, snacks, coffee, food warmers, and refrigeration for those of the Jewish faith who are visiting a loved one. Kosher food for patients is provided by the Food and Nutrition Department.

Glatt Kosher Food
Glatt kosher food, including challah and grape juice, is available to our patients. Contact our room service staff at 212-639-2200, between 7 am and 8 pm.

Kosher certification is listed on our menus next to individual food items.

Kosher refrigerators are available on each nursing unit in the pantry.

Other Kosher Food Providers:
- **Chai Lifeline** provides kosher meals upon request for pediatric patients and their families. Call 212-699-6650 or visit: chailifeline.org.
- **Chesed 24/7** provides food for adult and pediatric patients in our hospitality room C172. To request food, contact them at 845-354-3233.
- **Satmar Bikur Cholim** provides food daily except Shabbat or Yom Tov. Call 718-387-7749 to request.

For a comprehensive list of kosher restaurants in the area, visit: ckj.org/kosherinnyc

Local Housing
Manhattan Friendship House provides housing for our patients’ family members over Shabbat and Yom Tov. Housing is within walking distance of MSK. To make arrangements, call 212-933-9033 or email: mfh@lrbcoll.org.

Eruv
The eruv is under the supervision of the Mechon L’Hoyroa in Monsey. To check the eruv status, visit: eruv.nyc

One may carry throughout the hospital building on Shabbat.

Other Services
MSK’s Spiritual Care Services can provide the following upon request.

- Yahrzeit candles (electric)
- Siddur
- T’hillim

To have a Mi Shebeirach (prayer for healing said on your behalf), or to be visited by one of our Rabbis, please call us at 212-639-5982.

MEMORIAL SLOAN KETTERING SPIRITUAL CARE SERVICES IS NOT RESPONSIBLE FOR THE KASHRUT OF THE FACILITIES LISTED HEREIN.