

Beasy Glyder[®] Transfer: Bed → Wheelchair

If the patient has any change in status (e.g., becomes disoriented or weak, or develops new fractures) please consult the medical team before transferring the patient to a wheelchair.

Preparation

Two people are needed to transfer the patient. Gather the sliding board and a square pad. Empty the catheter bag if the patient has one. Check the patient's diaper if necessary. Prepare the wheelchair by removing both leg rests and one arm rest. Adjust the height of the bed to about the same height of the wheelchair seat.



1. Make sure the square pad is under the patient's hips.



2. Roll the patient onto his/her side by bending one knee.



3. Help the patient to sit at the edge of the bed. The second person can support the patient's upper body from behind.



4. Grab the edges of the square pad and slide the patient forward to the edge of the bed. Place the patient's feet flat on the floor without bringing his or her hips too far forward. Ideally, the patient should sit at edge of bed with knees bent at 90 degrees.



5. Place the side of the wheelchair against the side of the bed. Lock the wheelchair. Ask the patient to lean to one side. Slide 1/3 of the Beasy board underneath the patient at a 45 degree angle. The round disc of the Glyder should be under the patient's hips and upper thigh.



6. The person in the front will lead the transfer. The patient can hold onto the lead person. The person in the back can assist by guiding the patient's hips into the wheelchair.



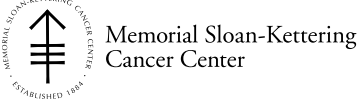
7. Using the Beasy board as a bridge, gradually glide the patient on the disc towards the wheelchair. If the patient is able to help with movement, encourage the patient to remain upright.



8. Once the patient is seated in the wheelchair, remove the Beasy board by having the patient lean away from it. Replace the arm rest and the leg rests that were removed before the transfer. Make sure the patient is in a good sitting position.

Name of Occupational/Physical Therapist: _____

Phone Number: _____



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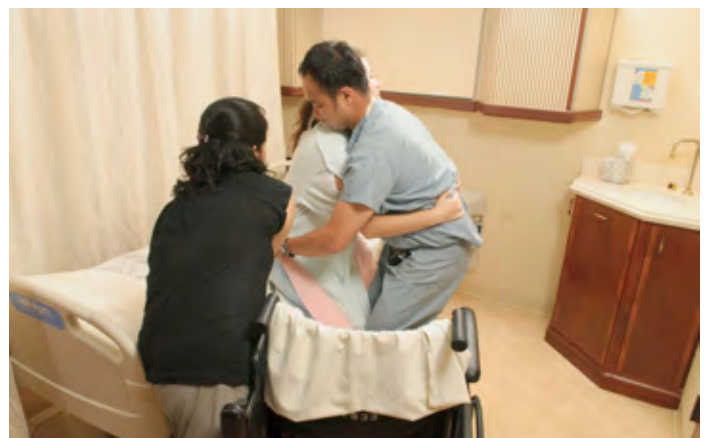
1. Place the side of the wheelchair against the side of the bed. Make sure the side of the wheelchair without the arm rest is closest to the bed.



2. Have the patient lean away from the bed. Slide 1/3 of the Beasy board under the patient at a 45 degree angle. The round disc of the Glyder should be under the patient's hips and upper thigh.



3. The person in the front will lead the transfer. The patient can give the lead person a hug. The person in the back can assist by guiding the patient's hips onto the bed.



4. Using the Beasy board as a bridge, gradually glide the patient on the disc onto the bed. If the patient is able to help with movement, encourage the patient to remain upright.



5. The second person moves around to the other side of the bed, to support the patient's upper body from behind. Once the patient is sitting at the edge of the bed, remove the Beasy board by having the patient lean away from it.



6. Assist the patient to lie back comfortably in the bed.



7. One person should be standing on each side of the bed. This protects the patient from falling. Help the patient roll to one side so that the square pad can be straightened underneath the patient. Roll up the side of the pad.



8. Smooth out the pad to remove any wrinkles. Then assist the patient to roll to the other side. Repeat the rolling and smoothing on this side of the pad.

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Memorial Sloan-Kettering
Cancer Center

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