Lung Cancer Screening Program Is Now Available

Some people at high risk for lung cancer due to smoking now have the option of being screened with a powerful method that has been proven to save lives. Memorial Sloan-Kettering’s new Lung Cancer Screening Program offers low-dose CT screening to current and former smokers who fit specific criteria in order to detect the disease at its earliest stage.

The Lung Cancer Screening Program provides low-dose CT screening for longtime smokers between the ages of 55 and 74. Eligible individuals will receive an initial scan, then follow-up scans one and two years later. Low-dose CT scans use only about 20 percent of the radiation of conventional CT scans.

The scans are interpreted by Memorial Sloan-Kettering radiologists who are highly specialized in reading lung CT scans. If a scan detects an abnormality, Memorial Sloan-Kettering physicians can use minimally invasive techniques to take a biopsy and, if cancer is detected, treat the disease with great expertise.

“This is an extraordinary opportunity to improve some patients’ lives and even cure their disease by catching lung cancers early,” says thoracic surgeon Nabil P. Rizk, who led the team developing the screening program along with Michelle S. Ginsberg, Director of Cardiothoracic Imaging.

Eligibility for lung cancer screening is based on results from the National Lung Screening Trial, a groundbreaking study that found that lung cancer deaths in patients fitting these same criteria were decreased by 20 percent in people who had three low-dose CT scans over two years.

While MSKCC is among the first cancer centers to offer this type of screening, we anticipate that this approach will eventually be adopted nationwide. In fact, the US Preventive Services Task Force recently posted a draft recommendation statement on screening for lung cancer, advising that people who are at high risk for the disease receive annual low-dose CT scans.

Online help deciding if screening is right for you

To help people determine whether screening will benefit them, Memorial Sloan-Kettering has developed a lung cancer screening tool that is available for use by the public at no cost. The new decision tool is an online questionnaire, accessible at www.mskcc.org/lungscreening, which asks about lung cancer risk factors and is completely confidential. It can help people understand the likelihood that screening will be beneficial to them.

“For people who use this prediction tool, we advise them to discuss the results with their doctor,” says Memorial Sloan-Kettering epidemiologist and pulmonary and critical care physician Peter B. Bach, who helped develop the screening tool. “This is not meant to provide a definitive answer on whether to undergo screening but an important piece of information to guide a decision.”

MSK Named a Leader in LGBT Healthcare equality

We are proud to be recognized as a leader in lesbian, gay, bisexual, and transgender (LGBT) healthcare equality in 2013 by the Healthcare Equality Index, an annual survey conducted by the Human Rights Campaign Foundation. Facilities awarded this distinction must meet key criteria for equitable care, including non-discrimination policies for LGBT patients and employees, a guarantee of equal visitation for same-sex partners and parents, and LGBT health education for hospital leadership staff.
NEW OUTPATIENT FACILITY TO OPEN IN NEW JERSEY

As part of ongoing efforts to offer more patients in the region improved access to Memorial Sloan-Kettering’s expertise, we are opening a new outpatient treatment facility in Monmouth County, New Jersey. It will join other locations in MSKCC’s regional care network, including free-standing outpatient cancer care facilities in Commack, Hauppauge, Sleepy Hollow, and Rockville Centre, New York, and in Basking Ridge, New Jersey.

The new facility will offer comprehensive ambulatory cancer care delivered by MSKCC clinicians. Services to be offered at the site are expected to include medical oncology, neuro-oncology, chemotherapy, radiation therapy, diagnostic radiology, surgical consultations, ambulatory surgery, clinical research trials, rehabilitation services, social work, nutrition, and other support programs. A portion of the building will be developed to house a data center serving all of MSKCC.

In 2013, MSKCC received approval for an outpatient treatment facility and data center to be located in Monmouth County, New Jersey, adjacent to exit 114 of the Garden State Parkway.

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