



Memorial Sloan Kettering
Cancer Center

Community MATTERS

NEWS FROM MEMORIAL SLOAN KETTERING CANCER CENTER WESTCHESTER

How Staying Focused Paved the Way



MSK radiation oncologist Melissa Zinovoy and patient Mike Castellano spoke at MSK Westchester's Survivorship Dinner. Mike has finished the NYC Marathon each year since 2013.

It wouldn't be uncommon for someone who's just been diagnosed with stage II prostate cancer to feel the urge to run. But for local resident Mike Castellano, it was a more than a desire to get away — he wanted to be able to continue to live his life normally, and that included running.

With the help of the cutting-edge care he received at Memorial Sloan Kettering, Mike was able to finish the New York City Marathon three years in a row — even while undergoing eight weeks of radiation therapy at MSK Westchester while prepping for his third race. His biggest question was, he says, “I have a guaranteed

entry to be on the starting line of the New York City Marathon in November — am I in or out?”

Alongside his loved ones and with his MSK care team cheering him on, Mike found himself exactly where he wanted to be — on the road to recovery, and crossing the finish line.

The Highest Quality Care, Close to Home

Mike chose to receive radiation therapy at MSK Westchester for two important reasons: the trust and rapport he'd established with his MSK care team, particularly radiation oncologist Melissa Zinovoy; and the desire to be closer to home and to his friends and family.

“There are more options for treating cancer than ever before,” says Dr. Zinovoy. “Radiation therapy offers a variety of effective treatment strategies to shrink or even eliminate cancer from the body, and it's worth understanding them better.”

Using the most-advanced technologies, MSK radiation oncologists deliver powerful doses of radiation directly to tumors with exquisite precision. The approaches we use can reduce the number of sessions required for radiation treatment compared with more conventional approaches, while also limiting the risk of side effects.

Dr. Zinovoy's skill, dedication, and compassion helped see Mike through the successful completion of many months of hormone treatment, as well as 40 rounds of radiation therapy.

SAVE THE DATE

CancerSmart Program

To learn more about recent advances in radiation therapy, please join us for a CancerSmart talk featuring MSK faculty.

Less Is More: Next-Generation Radiation Therapies

Thursday, November 17, 2016
6:00 to 7:00 PM

Facebook Live

Join our Facebook CancerSmart event to submit questions for our experts, and tune in on Facebook Live to view the CancerSmart talk.

Webcast

You can also watch the talk via webcast. To find out more and register to attend the webcast, visit us at www.cancersmart.org or call 212-639-3074. You can submit questions and join the conversation on Twitter using #CancerSmart.

The in-person talk will be held at MSK's Zuckerman Research Center Auditorium, 417 East 68th Street in Manhattan. To view previous CancerSmart programs, please visit www.cancersmart.org/videos.

Sign Up for Our Digital Newsletter



As part of MSK's larger efforts to go green, we are excited to announce the launch of *Community Matters* digital!

Subscribe to our e-newsletter to stay informed of:

- Upcoming *CancerSmart* community talks
- Free cancer screening dates

- Clinical advances that are improving how cancer is treated
- New services at our multiple, convenient locations

Join our e-list at www.mskcc.org/CommunityNews or by calling 212-639-3199.

Acupuncture at MSK Westchester

Patients at MSK Westchester are now able to take advantage of acupuncture services to complement their care plan. Acupuncture is a safe, effective option to relieve side effects of chemotherapy, as well as dry mouth, hot flashes, lymphedema, and more. MSK Westchester plans to offer several clinical trials studying the effects of acupuncture in cancer patients – so stay tuned.



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Please visit us online at www.mskcc.org/westchester.

Bone Marrow Saves Lives—Please Help!

Every year almost 400 MSK patients receive life-saving bone marrow transplants, but there are more patients than ever who rely on the generosity of others to find the right donor match. You can help make a difference by participating in the National Bone Marrow Donor Registry. To make it as easy as possible, MSK is partnering with Be The Match to host a stem cell donor registry drive at MSK Westchester.

Join us at MSK Westchester on
Wednesday, October 26
11:00 AM to 3:00 PM

To be eligible to participate at this drive, you **must be between the ages of 18 and 44** and meet some standard health guidelines. For more information or to RSVP for this drive, go to www.mskcc.org/bethematch.

New Patient Appointments
800-525-2225

We are in-network with most health plans.

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