



ART THERAPY DROP-IN OPEN STUDIO

Creating art can be a helpful part of the healing process; it can enhance well-being and improve quality of life. MSKCC outpatients, their family members and caregivers may drop-in the art therapy Open Studio to make art in a creative and calming environment. You will learn about art techniques and materials that may be new to you, including watercolor and acrylic paints, collage, and pastels, which may be used for self-expression and relaxation and to help reduce feelings of anxiety or frustration.



Tuesdays, 10am - 4pm

**Evelyn H. Lauder Breast Center
300 East 66th Street
2nd Floor, Group Room 243A**

No art experience or referral required. This service is free.
We will page you for your appointment.

For more information, please contact riced@mskcc.org,
visit www.mskcc.org, or leave a voicemail at 646-888-5397.