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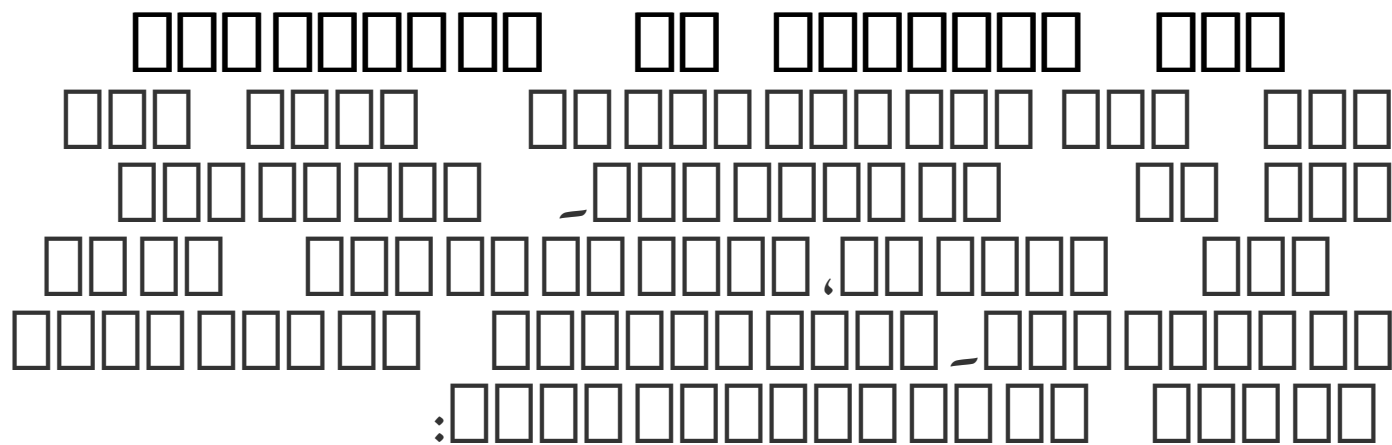
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*Stem Cell Transplant Exercise Program: Level 1*

([www.mskcc.org/cancer-care/patient-education/stem-cell-transplant-exercise-program-level-1](http://www.mskcc.org/cancer-care/patient-education/stem-cell-transplant-exercise-program-level-1))

*Stem Cell Transplant Exercise Program: Level 2*

([www.mskcc.org/cancer-care/patient-education/stem-cell-transplant-exercise-program-level-2](http://www.mskcc.org/cancer-care/patient-education/stem-cell-transplant-exercise-program-level-2))

*Stem Cell Transplant Arm and Shoulder Exercise Program*

([www.mskcc.org/cancer-care/patient-education/stem-cell-transplant-arm-and-shoulder-exercise](http://www.mskcc.org/cancer-care/patient-education/stem-cell-transplant-arm-and-shoulder-exercise))

*Stem Cell Transplant Stretching Program*

([www.mskcc.org/cancer-care/patient-education/stem-cell-transplant-stretching](http://www.mskcc.org/cancer-care/patient-education/stem-cell-transplant-stretching))

*Managing Cancer-Related Fatigue*

([www.mskcc.org/cancer-care/patient-education/managing-related-fatigue](http://www.mskcc.org/cancer-care/patient-education/managing-related-fatigue))

*Improving Your Memory*([www.mskcc.org/cancer-care/patient-education/improving-your-memory](http://www.mskcc.org/cancer-care/patient-education/improving-your-memory))

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000

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Staying Active During Stem Cell Transplant - Last updated on June 25,

2021

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