



患者及照顧者教育

# 手術或醫療程序前後避免跌倒的建議

本視頻展示了手術前後可以採取哪些措施來避免跌倒。



Please visit [www.mskcc.org/zh-hant/cancer-care/patient-education/video/tips-to-avoid-falling-before-and-after-your-surgery-or-procedure](http://www.mskcc.org/zh-hant/cancer-care/patient-education/video/tips-to-avoid-falling-before-and-after-your-surgery-or-procedure) to watch this video.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

如欲獲取更多資源，請瀏覽 [www.mskcc.org/pe](http://www.mskcc.org/pe)，於我們的虛擬圖書館內搜尋。

Tips To Avoid Falling Before and After Your Surgery or Procedure - Last updated on September 19, 2023

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