



患者及照顧者教育

## 住院期間避免跌倒的貼士

在這段影片中，我們將向您展示如何在住院期間避免跌倒。



Please visit [www.mskcc.org/zh-hant/cancer-care/patient-education/video/tips-to-avoid-falling-while-youre-in-hospital](http://www.mskcc.org/zh-hant/cancer-care/patient-education/video/tips-to-avoid-falling-while-youre-in-hospital) to watch this video.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

如欲獲取更多資源，請瀏覽 [www.mskcc.org/pe](http://www.mskcc.org/pe)，於我們的虛擬圖書館內搜尋。

Tips To Avoid Falling While You're in the Hospital - Last updated on April 24, 2025

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